

Collect

Almighty and everlasting God,
you are always more ready to hear
than we to pray
and to give more than either we
desire or deserve:
pour down upon us the abundance of
your mercy,
forgiving us those things of which our
conscience is afraid
and giving us those good things
which we are not worthy to ask
but through the merits and mediation
of Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

New Testament Reading

Ephesians 6.10-20

¹⁰Be strong in the Lord and in the
strength of his power. ¹¹Put on the
whole armour of God, so that you may
be able to stand against the wiles of
the devil. ¹²For our struggle is not
against enemies of blood and flesh, but
against the rulers, against the
authorities, against the cosmic powers
of this present darkness, against the
spiritual forces of evil in the heavenly
places. ¹³Therefore take up the whole
armour of God, so that you may be
able to withstand on that evil day, and
having done everything, to stand firm.
¹⁴Stand therefore, and fasten the belt
of truth around your waist, and put on
the breastplate of righteousness. ¹⁵As
shoes for your feet put on whatever

will make you ready to proclaim the
gospel of peace. ¹⁶With all of these,
take the shield of faith, with which you
will be able to quench all the flaming
arrows of the evil one. ¹⁷Take the
helmet of salvation, and the sword of
the Spirit, which is the word of God.
¹⁸Pray in the Spirit at all times in every
prayer and supplication. To that end
keep alert and always persevere in
supplication for all the saints. ¹⁹Pray
also for me, so that when I speak, a
message may be given to me to make
known with boldness the mystery of
the gospel, ²⁰for which I am an
ambassador in chains. Pray that I may
declare it boldly, as I must speak.

Psalm 34.15-end

¹⁵The eyes of the LORD are on the
righteous,
and his ears are open to their cry.

**¹⁶ The face of the LORD is against
evildoers,
to cut off the remembrance of
them from the earth.**

¹⁷ When the righteous cry for help,
the LORD hears,
and rescues them from all their
troubles.

**¹⁸ The LORD is near to the broken-
hearted,
and saves the crushed in spirit.**

¹⁹ Many are the afflictions of the
righteous,

but the LORD rescues them from
them all.

**²⁰ He keeps all their bones;
not one of them will be broken.**

²¹ Evil brings death to the wicked,
and those who hate the righteous
will be condemned.

**²² The LORD redeems the life of his
servants;
none of those who take refuge
in him will be condemned.**

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Gospel Reading

John 6.56-69

Jesus said to the crowd: ⁵⁶Those who
eat my flesh and drink my blood abide
in me, and I in them. ⁵⁷Just as the
living Father sent me, and I live
because of the Father, so whoever eats
me will live because of me. ⁵⁸This is
the bread that came down from
heaven, not like that which your
ancestors ate, and they died. But the
one who eats this bread will live for
ever.' ⁵⁹He said these things while he
was teaching in the synagogue at
Capernaum.

⁶⁰When many of his disciples heard it,
they said, 'This teaching is difficult;
who can accept it?' ⁶¹But Jesus, being
aware that his disciples were

complaining about it, said to them, 'Does this offend you? ⁶²Then what if you were to see the Son of Man ascending to where he was before? ⁶³It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. ⁶⁴But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. ⁶⁵And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

⁶⁶Because of this many of his disciples turned back and no longer went about with him. ⁶⁷So Jesus asked the twelve, 'Do you also wish to go away?' ⁶⁸Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. ⁶⁹We have come to believe and know that you are the Holy One of God.'

Post Communion Prayer

God of all mercy,
 in this eucharist you have set aside
 our sins
 and given us your healing:
 grant that we who are made whole in
 Christ
 may bring that healing to this broken
 world,
 in the name of Jesus Christ our Lord.
Amen

**FOR YOUR PRAYERS
 ST MICHAEL**

Those newly in need of prayer

Arthur Palin, Janet Broughall, Lyn Shiel, Viv Oliver, Marcus Davies-Friend,

Those in continuing special need of prayer:

Steve Baker, Mark Berry, Elizabeth Chapman, Chris Clayton, Dorothy Clayton, Jo Cobb, Dottie Collins, Martin Dewes, Chris Dickerson, Colin Eastwood, Phillip Goodwin, Robert Harris, Sam Hughes, David Kendrick, Chris Kirk, Alison Knight, Doug Little, the Martel family, Marielouise Oliver, Norah Palin, Nick Rutter, Anthony Staples aged 7, , Alison Toplis, John Tipper, Sheila Vaughan, Judith Watson, Renee Wellings, Anne Whatson, Felicity Woodfield, Jamie.

Those who have died

Graham Stevens,

ST JOHN

Those in continuing special need of prayer:

Moira and Allan Law, Pat Crowe, Jo Hearn, Ann Kinson

**SERVICE SHEET
 22nd August
 Trinity 12**

ST MICHAEL

8:00am Holy Communion
President: Revd Ruth Bull

10:00am Holy Communion
President: Revd Ruth Bull
Deacon: Trevor James

Hymns Processional 780ii
 Gradual
 Offertory
 Communion
 Recessional 276

Intercessions
 Wise and loving God
Quieten us to hear your voice.

12.30am Baptism
Minister Revd Ruth Bull

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ST JOHN

10:00am Holy Communion
President: Revd Chris Baker

Hymns Processional 427
 Gradual
 Offertory
 Recessional 220