

The United Benefice of St Michael on Greenhill, Lichfield  
with St John, Wall

## **Bible Study July 8th 2020**

### **The letter of Paul to the Philippians**

#### **Session 5: Exhortation and Thanks**

##### **Opening prayer**

Blessed Lord,  
who caused all holy scriptures  
to be written for our learning:  
help us so to hear them,  
to read, mark, learn and inwardly digest them  
that, through patience, and the comfort of your holy word, we may embrace  
and for ever hold fast  
the hope of everlasting life,  
which you have given us in our Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen

##### **Philippians 3.1-4-1**

2 I urge Euodia and I urge Syntyche to be of the same mind in the Lord. <sup>3</sup>Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life.

4 Rejoice in the Lord always; again I will say, Rejoice. <sup>5</sup>Let your gentleness be known to everyone. The Lord is near. <sup>6</sup>Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. <sup>9</sup>Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

10 I rejoice in the Lord greatly that now at last you have revived your concern for me; indeed, you were concerned for me, but had no opportunity to show it. <sup>11</sup>Not that I am referring to being in need; for I have learned to be content with whatever I have. <sup>12</sup>I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. <sup>13</sup>I can do all things through him who strengthens me. <sup>14</sup>In any case, it was kind of you to share my distress.

15 You Philippians indeed know that in the early days of the gospel, when I left Macedonia, no church shared with me in the matter of giving and receiving, except you alone. <sup>16</sup>For even when I was in Thessalonica, you sent me help for my needs more than once. <sup>17</sup>Not that I seek the gift, but I seek the profit that accumulates to your account. <sup>18</sup>I have been paid in full and have more than enough; I am fully satisfied, now that I have received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. <sup>19</sup>And my God will fully satisfy every need of yours according to his riches in glory in Christ Jesus. <sup>20</sup>To our God and Father be glory for ever and ever. Amen.

21 Greet every saint in Christ Jesus. The friends who are with me greet you. <sup>22</sup>All the saints greet you, especially those of the emperor's household.

23 The grace of the Lord Jesus Christ be with your spirit.

### **Closing Prayer**

O God, the protector of all who trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
grant this, heavenly Father,  
for our Lord Jesus Christ's sake,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**