

The United Benefice of St Michael on Greenhill, Lichfield  
with St John, Wall

**PSALMS AND READINGS**  
**Wednesday and Thursday in Holy Week 8<sup>th</sup>-9<sup>th</sup> April 2020**

These psalms and readings may be used as part of any personal act of worship or as part of the service of Compline. This **service** and the **addresses** to go with each day of Holy Week can be found on <https://www.stmichaelmaryjohn.org.uk/holy-week--good-friday.html>

**Wednesday in Holy Week**

**Psalm 70**

1 O God, make speed to save me; \*  
O Lord, make haste to help me.

2 Let those who seek my life  
be put to shame and confusion; \*  
let them be turned back and disgraced  
who wish me evil.

3 Let those who mock and deride me \*  
turn back because of their shame.

4 But let all who seek you rejoice and be glad in you; \*  
let those who love your salvation say always, 'Great is the Lord!'

5 As for me, I am poor and needy; \*  
come to me quickly, O God.

6 You are my help and my deliverer; \*  
O Lord, do not delay.

**John: 13:21-32**

After saying this Jesus was troubled in spirit, and declared, 'Very truly, I tell you, one of you will betray me.' <sup>22</sup>The disciples looked at one another, uncertain of whom he was speaking. <sup>23</sup>One of his disciples—the one whom Jesus loved—was reclining next to him; <sup>24</sup>Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. <sup>25</sup>So while reclining next to Jesus, he asked him, 'Lord, who is it?' <sup>26</sup>Jesus answered, 'It is the one to whom I give this piece of bread when I have dipped it in the dish.' So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot.

<sup>27</sup>After he received the piece of bread, Satan entered into him. Jesus said to him, 'Do quickly what you are going to do.' <sup>28</sup>Now no one at the table knew why he said this to him. <sup>29</sup>Some thought that, because Judas had the common purse, Jesus was telling him, 'Buy what we need for the festival'; or, that he should give something to the poor. <sup>30</sup>So, after receiving the piece of bread, he immediately went out. And it was night.

31 When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. <sup>32</sup>If God has been glorified in him, God will also glorify him in himself and will glorify him at once.

## Thursday in Holy Week: Maundy Thursday

### Psalm 116

1 I love the Lord,  
for he has heard the voice of my supplication; \*  
because he inclined his ear to me  
on the day I called to him.

2 The snares of death encompassed me;  
the pains of hell took hold of me; \*  
by grief and sorrow was I held.

3 Then I called upon the name of the Lord: \*  
'O Lord, I beg you, deliver my soul.'

4 Gracious is the Lord and righteous; \*  
our God is full of compassion.

5 The Lord watches over the simple; \*  
I was brought very low and he saved me.

6 Turn again to your rest, O my soul, \*  
for the Lord has been gracious to you.

7 For you have delivered my soul from death, \*  
my eyes from tears and my feet from falling.

8 I will walk before the Lord \*  
in the land of the living.

9 I believed that I should perish  
for I was sorely troubled; \*  
and I said in my alarm,  
'Everyone is a liar.'

10 How shall I repay the Lord \*  
for all the benefits he has given to me?

11 I will lift up the cup of salvation \*  
and call upon the name of the Lord.

12 I will fulfil my vows to the Lord \*  
in the presence of all his people.

13 *Precious in the sight of the Lord \*  
is the death of his faithful servants.*

14 O Lord, I am your servant, \*  
your servant, the child of your handmaid;  
you have freed me from my bonds.

15 I will offer to you a sacrifice of thanksgiving \*  
and call upon the name of the Lord.

16 I will fulfil my vows to the Lord \*  
in the presence of all his people,

17 In the courts of the house of the Lord, \*  
in the midst of you, O Jerusalem.  
Alleluia. R

### **John 13:1-17, 31b-35**

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. <sup>2</sup>The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper <sup>3</sup>Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, <sup>4</sup>got up from the table, took off his outer robe, and tied a towel around himself. <sup>5</sup>Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. <sup>6</sup>He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' <sup>7</sup>Jesus answered, 'You do not know now what I am doing, but later you will understand.' <sup>8</sup>Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' <sup>9</sup>Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' <sup>10</sup>Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' <sup>11</sup>For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

<sup>12</sup> After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you?' <sup>13</sup>You call me Teacher and Lord—and you are right, for that is what I am. <sup>14</sup>So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. <sup>15</sup>For I have set you an example, that you also should do as I have done to you. <sup>16</sup>Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. <sup>17</sup>If you know these things, you are blessed if you do them.

Now the Son of Man has been glorified, and God has been glorified in him. <sup>32</sup>If God has been glorified in him, God will also glorify him in himself and will glorify him at once. <sup>33</sup>Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, "Where I am going, you cannot come." <sup>34</sup>I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. <sup>35</sup>By this everyone will know that you are my disciples, if you have love for one another.'